

Use this handy CHECKLIST to pack everything you'll need for your next TRIP!

ADULTS

clothing – shirts, tops, pants, skirts, shorts, sweaters, dresses, suits
underwear, bras
shoes, socks
pyjamas, nightwear
robe, slippers
jacket, hat, scarf, gloves
personal hygiene - soap, facial cleanser, lotion, shampoo, conditioner, deodorant
dental care - toothpaste, toothbrush, floss
makeup, makeup remover, cotton swabs, nail polish
jewellery
hair dryer, curling iron, comb, brush
CHILDREN
CHILDREN shirts, tops, pants, skirts, shorts, sweaters, dresses
shirts, tops, pants, skirts, shorts, sweaters, dresses
shirts, tops, pants, skirts, shorts, sweaters, dresses shoes, socks, tights
shirts, tops, pants, skirts, shorts, sweaters, dresses shoes, socks, tights pyjamas
shirts, tops, pants, skirts, shorts, sweaters, dresses shoes, socks, tights pyjamas underwear
shirts, tops, pants, skirts, shorts, sweaters, dresses shoes, socks, tights pyjamas underwear robe, slippers
shirts, tops, pants, skirts, shorts, sweaters, dresses shoes, socks, tights pyjamas underwear robe, slippers jacket, hat, scarf, gloves
shirts, tops, pants, skirts, shorts, sweaters, dresses shoes, socks, tights pyjamas underwear robe, slippers jacket, hat, scarf, gloves towels, washcloths
shirts, tops, pants, skirts, shorts, sweaters, dresses shoes, socks, tights pyjamas underwear robe, slippers jacket, hat, scarf, gloves towels, washcloths diapers, wipes, lotion

ADDITIONAL ITEMS

Ш	camera, film, batteries, video camera, tapes
	travel alarm, travel iron
	money, credit cards, traveller's cheques (record numbers)
	address book
	passport, visa
	tickets, reservation confirmations, directions, itinerary
	plastic bags for dirty laundry or wet items
	reading material
	umbrella
	golf clubs
	tennis racket
	pets - crate, food, immunization records
	BEACH TRIP
	beach bag
	bathing suit, flip flops, water shoes
	sunscreen, after-sun lotion, bug repellent
	life is already water with me
	life jackets, water wings
ш	beach chairs
	beach chairs
	beach chairs plastic bags for wet towels and bathing suits
	beach chairs plastic bags for wet towels and bathing suits towels
	beach chairs plastic bags for wet towels and bathing suits towels beach umbrella

CAMPING TRIP

Ш	backpacks
	sweatshirts
	water bottles
	plastic bags for dirty laundry or wet clothing
	sunscreen, bug repellent
	pots, pans, dishes, silverware, can opener, dish detergent
	sleeping bag, pillow
	tent, tarp, poles, kitchen tent
	rain gear
	matches, firewood (if allowed), camping stove
	compass, whistle
	flashlight, batteries, citronella candles
	fishing poles, lures
	WINTER TRIP
Ш	winter coat, sweater, snowsuit
	gloves, hat, scarf
	thermal clothing - underwear, socks
	winter footwear
	skis, poles, boots
	snowboard
	skates, hockey equipment

BUSINESS TRIP

paperwork, meeting or project materials
address book, list of local contacts
office supplies - pens, paper, calculator
local tourist attraction information
envelopes for receipts - travel expense and personal
laptop computer with travel cords
itinerary and contact information should be left with your office
INTERNATIONAL TRIP
passport, visa
emergency contact information
prepaid calling card and international dialling instructions
AC / DC adapter and/or converter
credit cards, foreign currency, money belt, traveller's cheques - record numbers
immunization and vaccination records
international driver's license
foreign language dictionary
authorization letter/custody documentation for children
phone number and address for Canadian/U.S. embassies in vacation cities
and in your CARRY-ON LUGGAGE
prescriptions and medication in original packaging
toiletry items - check carry-on restrictions ahead of time
tickets, reservation confirmations, directions, itinerary
passport, visa
credit cards, traveller's cheques, money belt and money
valuables which are difficult to replace (leave at home if possible)
snacks, reading material, travel games